

March EVENTS

NEWSLETTER 2018

Available online at <http://smmwichita.com/school/>

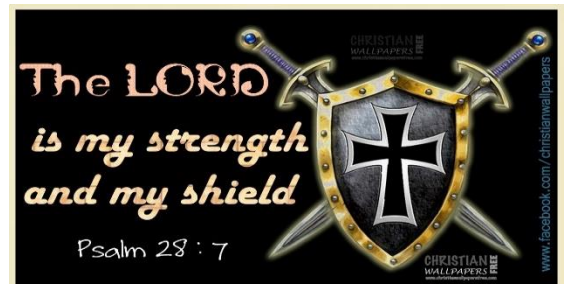
Stewardship Opportunities Las Oportunidades de Compartir

Volunteers are needed for the following events:

Lunchroom Helpers – Adriana Delgado 267-4911
Classroom Aides – Theresa Lam 267-4911
Tutors – Theresa Lam 267-4911
Gardeners – Kathy Johansen 267-4911
Office Aides – Adriana Delgado 267-4911

THOUGHT FOR THE MONTH:

Unless the LORD had helped me, I would soon have settled in the silence of the grave. I cried out, "I am slipping!" but your unfailing love, O LORD, supported me. — Psalm 94:17-18



Hope and engagement predict students' academic achievement

www.teamconcepts.com

- In 2013, 33% of the students in grades 5 through 12 who took the Gallup Student Poll (GSP) were classified as “success-ready.” These students scored highly on all three dimensions that the assessment measures: hope, engagement, and well-being.
- The GSP’s hope dimension addresses students’ belief that they can — and will — succeed at school and beyond, making them more likely to bring positive energy and creativity to the learning process. The 2013 results found that 54% of students surveyed are hopeful, while 32% are “stuck” and 14% feel discouraged about the future.
- Students’ emotional engagement at school is the non-cognitive measure most directly related to academic achievement. The 2013 GSP results indicated that 55% of students are engaged in the learning process, while 28% are “not engaged” — i.e., mentally checked out — and 17% are “actively disengaged,” feeling negatively about school and likely to spread that negativity.
- A 2010 Gallup study of 148 schools in a large urban school district found that students’ average levels of hope and engagement were significant predictors of academic achievement.
- In 2009, Gallup conducted an in-depth study of more than 78,000 students in 160 schools across eight states and found that a one-percentage-point increase in a school’s average student

engagement score was associated with a six-point increase in reading achievement and an eight-point increase in math achievement.

Walk In Sister's Shoes

St. Margaret Mary Catholic School continues to be one of the largest recipient of the St. Katharine Drexel Fund. Our goal this year was to raise \$2000. With the Penny War and Movie Night, we have only collected about \$1600. To make a final effort in meeting our goal, we will have a \$2 Spirit shirt & Jeans day on March 7th. Students who wishes to wear sweats or hoodies will need to contribute \$5. Let's give a good effort to finish this drive by meeting our goal!!!

New Uniform Company

At the start of the year, we were notified that Parker's Uniform had filed for bankruptcy. The Diocesan School Office had formed a committee to review different uniform companies that would best serve our school needs. Schoolbelles Uniform Company was selected as the company that can offer competitive pricing and local store for our families. Schoolbelles has begun to move into the previous Parker's Uniform store location. You will be given additional information as they settle in Wichita. If you have further concerns or questions, please feel free to contact the school office.

Pre-Registration for 2018-2019 School Year

The deadline for pre-registration of current students was February 15th. If you have not turned in your pre-registration packet, nor have contacted the school office of your intentions, please do so promptly. We are beginning to accept new PreK – 6th grade students with open slots.

Bergman, Seth

Sanchez-Vasquez, Fernanda

Lopez, Yocelyn

Ramirez, Ramon Alexis

Gatica, Joel

Flores Lerma, Alejandro

Le, Nolan

Le, Andrew

Johnson, Aaron

Duarte, Joanny Joaquin

Gonzalez, Pablo Alexey

Morales-Lopez, Kevin

Villa-Valdovinos, Gregorio

Carlson, Mark

Rozean, Corey



The Importance of Reading



46%

of adults can't read the labels on their prescriptions



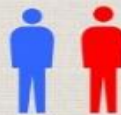
33%

of high school graduates will never read a book after high school



70 million

Low literacy directly costs the healthcare industry over \$70million every year



50%

of U.S. adults can't read an 8th grade book



1 in 4

children in America grow up without learning how to read



2/3

of students who cannot read proficiently by the end of 4th grade will end up in jail or on welfare



30 million

American adults read at a below basic level

Reading Helps You To

Reduce stress, increase vocabulary and improve memory

Sleep better and stave off Alzheimer's disease

Improve focus and concentration

Become a better communicator and writer

Developing a love and a habit for reading starts at an early age

Sources:

1. www.dosomething.org/tipsandtools/11-facts-about-literacy-in-america
2. www.readingrow.com/literacy-in-america-infographic
3. www.statisticbrain.com/reading-statistics
4. www.lifehack.org/articles/lifestyle/10-benefits-reading-why-you-should-read-everyday.html
5. www.huffingtonpost.com/2013/10/12/health-benefits-reading_n_4081258.html

www.raymondgeddes.com



<http://www.raymondgeddes.com/rgc/images/blog/the-importance-of-reading-infographic.jpg>

At the beginning of the year, I had mentioned that many St. Margaret Mary Catholic School students, Kindergarten through 6th grade were below their grade level reading abilities, precisely 42%. With the implementation of the new reading program through the Success For All Foundation, 73% of the students are now on grade level. All this cannot be accomplished without the support of you as the student's primary educator. The teachers and staff at St. Margaret Mary Catholic School has worked hard in teaching the new curriculum as well as reiterating the need to complete Accelerated Reader (AR) points every quarter. Congratulations on your support for your student's progress.

Alfredo Chicken Bruschetta

Ingredients

For the Beans

1 lb dried black bean, picked through and washed (we prefer Camilia brand)
1 medium sweet yellow onion, cut in half
1 large sweet yellow onion, chopped
4 cloves of garlic, peeled and crushed
3 cloves of garlic, minced
1 green bell pepper, cut in half, cored and seeded
1 green bell pepper, chopped
2 bay leaves
2 teaspoons ground cumin
2 teaspoons dried oregano
1 tablespoon of oil (coconut oil, olive oil) OR bacon grease
1 bunch of green onions, finely chopped
2 tablespoons red wine vinegar, or more to taste
1 teaspoon sugar
2 teaspoons cayenne
Salt and freshly ground black pepper to taste

For the Pico de Gallo

1 small sweet yellow onion, finely chopped
3 cloves of garlic, minced
4 -5 ripe tomatoes, chopped
3 - 4 jalapeno peppers, seeded and finely chopped
Juice of 1 lime
Salt to taste

<http://catholicfoodie.com/savory-black-beans-and-rice-topped-with-sour-cream-and-fresh-pico>

They (hypocrites) will say it is wrong to be married and wrong to eat certain foods. But God created those foods to be eaten with thanks by faithful people who know the truth. Since everything God created is good, we should not reject any of it but receive it with thanks. For we know it is made acceptable by the word of God and prayer. **1 Timothy 4:3-5**

For the Beans

1. In a large heavy pot – or a large glass mixing bowl – soak the beans overnight in cold water. Make sure the beans are covered by at least 3 inches of water.
2. When ready to cook, add the halved onion, the garlic cloves, bay leaves, bell pepper, cumin and oregano to the pot. Remember to keep the soaking water! Bring the pot to a boil over high heat. Skim off any foam that rises to the surface.
3. Reduce the heat, cover, and gently simmer, stirring occasionally, for 1 hour. Add water as necessary to keep the beans covered. After an hour, remove the onion, the garlic, the bay leaves and the bell pepper with a slotted spoon and discard.
4. In a heavy frying pan, heat oil or bacon grease over medium heat. Add the chopped onion, bell pepper and saute, stirring occasionally, until starting to brown. Add the minced garlic, stir, and saute for an additional minute. Add the contents of the frying pan to the black beans along with the red wine vinegar, the sugar, cayenne, and salt and black pepper. Cover and continue simmering the beans until soft, about another 20 minutes.
5. Make rice according to package directions.
6. Before serving, check the seasoning of the beans and make any necessary adjustments, adding salt, pepper, cayenne, cumin, oregano, or vinegar, if you see fit.
7. Serve over rice in a bowl and top with a dollop of sour cream and fresh pico de gallo (see directions for the pico below).

For the Pico de Gallo

1. Making pico de gallo is super-simple. Simply add all the ingredients to a glass mixing bowl. Taste and adjust seasoning (salt and lime juice) to taste.
2. When chopping the jalapenos, you can reserve some of the seeds to add to the pico if you prefer a spicier pico.
3. Pico is always better after sitting for a while, which gives all the flavors a chance to "marry." Feel free to cover the bowl and stick in the fridge for anywhere from 30 minutes to several hours.

Standardized Tests: Choose to do well *True or false:* standardized tests are tough. The answer depends on how prepared your youngster is. Here are four ways to help him handle test week:

1. Explain that the tests will show how much he has learned. Encourage him to try his best, but don't put so much emphasis on them that he feels stressed.
2. Practice the test format. For example, your child might have to read a paragraph and answer questions. Using one of his textbooks, have him look at the questions at the end of a section first and then read the passage. That will help him know what to read for and how to find the answers.
3. Limit activities the night before tests. You may want to avoid having guests for dinner or skip his brother's baseball game if it means being out late. Be sure your child gets to bed on time and if it means being not late. Be sure your child gets to bed on time and sets an alarm for the next morning.
4. On test day, give him an energy boosting breakfast. Try to include both protein (eggs, yogurt, milk) and carbohydrates (fruit, oatmeal, toast.)

Most students who are language learners have already taken the K-ELPA2. However, the state required that students in grades 3-8 must passed the Reading and Math test scores. Per Diocesan policy #402, students not passing the state assessments with scores lower than the #3 range, shall be required for Summer School. State Assessments need completed by end of April. Please continue to progress monitor your students in order to accomplish the necessary goals for promotion to the next grade level. The teachers and I look forward to sharing with you your child's progress this school year.

Upcoming Events

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| March 1 | 8:00 Grades K-4 School Mass – Grade K Leads
9:00 – 2:30 School Wellness Workshop in Clearwater |
| March 2 | Vocations Fair @ Magdalen – Grade 6 |
| March 3 | 4:30 Vietnamese New Year Celebration |
| March 5 | School Wide Cooperative Challenge: Use “I Messages” |
| March 6 | 8:00 Grades 5-8 School Mass – Grade 6 Leads
9:00 Confession – Grade 4
12:55 WSU Nursing Student Presents during PE Class – Grade 8
3:30 Faculty Meeting
6:00 PTO @ Music Rm |
| March 7 | 9:00 Stations of the Cross – Grade 6 Leads |
| March 8 | 6:00a.m. Pages in Topeka: Nominated 8 th grade
8:00 Grades K-4 School Mass – Grade 2 Leads
7:00 First Reconciliation @ Church – Grade 2 |
| March 9 | End of 3 rd Quarter
8:00 ALL School Mass – Grade 3 Leads |
| March 11 | Day Light Saving Time Starts (Spring Forward) |
| March 12 | School Wide Cooperative Challenge: Show Empathy |
| March 13 | Stewardship Hours DUE
8:00 Grades 5-8 School Mass – Grade 8 Leads |

9:00 Confession – Grade 3
3:30 Mentor/Mentee Meeting

March 14 9:00 Stations of the Cross – Grade 5 Leads
11:30 – 12:45 March Birthday Celebration
4:30 – 8:30 BCCHS Freshmen Enrollment Night
6:30 Marco Rodriguez Memorial Mass (Preschool Dad)

March 15 8:00 Grades K-4 School Mass – Grade 4 Leads
3:30 Health & Wellness Committee @ Music Rm
7:00 Spring Concert – Grades 5-8

March 16 NO TITLE 1 AND IEP SERVICES
8:00 ALL School Mass – Grade 2 Leads

March 19-23 SPRING BREAK

March 26-27 Teacher In-services – NO SCHOOL

March 28 **Parent Teacher Conferences 8:00a.m. to 7:00p.m. – NO SCHOOL**

March 29 **Parent Teacher Conferences 8:00a.m. to 11:00a.m. – NO SCHOOL**

March 30 **Good Friday – NO SCHOOL**

April 2 **Easter Monday – NO SCHOOL**